

**NOVEMBER
12-19 2026**

Beyond *the* Taboo



EUTH
WONDERS E.V.

INFO PACK



INTRODUCTION

Beyond the Taboo is an Erasmus+ Youth Exchange that explores topics that are often surrounded by stigma, misinformation, or silence: sexual health, relationships, consent, gender identity, body awareness, and emotional well-being. Hosted in Bonn, Germany, the project creates a safe and inclusive space where participants can learn from one another, challenge stereotypes, and engage in open, respectful dialogue through non-formal education methods.

PARTICIPANTS: 37 YOUNG PEOPLE FROM



MEET YOUR TRAINERS



JULIANA ROUHANA

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EVENTS & PROJECT MANAGER

Juliana manages projects, events, proposals, implementation, evaluations, marketing, and promotion. She brings experience from NGO management, CSR, event work, communications, and international organizations.



MAHMOUD ELSAYED

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EUW FOUNDER & MANAGING DIRECTOR

Mahmoud is an intercultural trainer, project designer, facilitator, and SALTO-certified trainer with extensive experience in non-formal education and Erasmus+ projects.

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Time	Thu, Nov. 12	Fri, Nov. 13	Sat, Nov. 14	Sun, Nov. 15	Mon, Nov. 16	Tue, Nov. 17	Wed, Nov. 18	Thu, Nov. 19
08:30–09:30	Arrivals	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:30–11:00		Welcome, Introductions & Safe Space	Sex Positivity	Consent & Communication	Gender Identity & Orientation	Myth Busting	Action Plans	Departures
11:00–11:30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
11:30–13:00		Team Building & Expectations	Body Myths Quiz	Consent Roleplays	Storytelling Session	Contraceptive Methods	Dissemination Content	
13:00–14:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:30–16:00		Erasmus+, Youthpass & Europass	Creative Activity: Body Image	Challenging Stereotypes	Vocabulary & Inclusion	Jeopardy Challenge	Final Reflection	
16:00–16:30		Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	Coffee Break	
16:30–18:00	Welcome Evening	World Café: Cultural Perspectives	Safety Charter	Forum Theatre	Reflection on Identity	Action Plan Workshop	Youthpass Ceremony	
18:00–20:00	Dinner	Reflection/Dinner	Reflection/Dinner	Reflection/Dinner	Reflection/Dinner	Reflection/Dinner	Farewell Dinner	
20:00–22:00	Social Evening	Social Evening	 Intercultural Evening	Social Evening	 Intercultural Evening	Social Evening	Farewell Party	

HOW TO GET TO BONN



**HIGHLY RECOMMENDED:
CGN AND DUS**

CGN

Cologne-Bonn Airport

Direct bus (SB60) to Bonn Hauptbahnhof
around 35 Minutes

DUS

Dusseldorf Airport

Direct train (RE5) to Bonn Hauptbahnhof
around 1hr 10 mins.

DTM

Dortmund Airport

From Dortmund Airport, shuttle bus to
Dortmund HBF then train RE7 to Köln HBF then
RE5, RB26, RE48 to Bonn HBF

FRA

FRA Airport

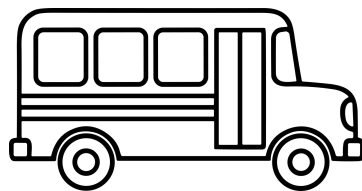
Train to Siegburg Bonn, then Ubahn 66
to Bonn HBF.

OUR VENUE



JUGENDHERBERGE BONN

HAAGER WEG 42, 53127 BONN



Bonn Central Station (Hauptbahnhof (HBF) →
Jugendherberge Bonn

Bus 600 (Bonn Hbf / Poppelsdorfer Allee) → Venusberg
Jugendherberge (direction Ippendorf Altenheim)

(Other busses can you nearby, but this is the closest)

MEALS

Meals and breaks will be included, including dinner on arrival day (12.11), and breakfast on departure day (19.11).

Dietary needs (cultural, religious, and dietary restrictions/intolerances) will be respected and accommodated.

Please inform us via the application form.

INSURANCE

All participants should bring their insurance cards with them in case of emergencies. First aid and hospital access is close to the accommodation.

If you already have your own insurance (health, travel, life, or liability), please let us know and be ready to provide proof if needed.

WHAT TO BRING - INTERCULTURAL NIGHTS

Participants from each country are encouraged to bring some food, drinks, games, trivia, or whatever else you can think of from their countries to share with the group, especially things related to wedding traditions!

ACCOMMODATIONS

Rooms: with 4–6 bunkbeds. Bed linen will be provided.
The Main Activity Room is located in the same building.
WiFi internet connection is available.
Food will be served at the venue as well.

BRING ALONG

Please make sure to bring these along with you:

- Personal hygiene items
- Towels
- Medicine
- Warm and comfortable clothing for indoor/outdoor
- Insurance
- Travel docs

COUNTRY GROUP LEADER RESPONSIBILITIES:

- Group leaders will be responsible for their team to arrange team cultural night with other countries
- Group leaders will assist THEIR teams in needed situations
- Group leaders will be responsible for managing their team's reimbursements
- Create a form for photo/video authorization to signed by participants

TRAVEL REIMBURSEMENTS



All travel itineraries must be approved **BEFORE BOOKING!**

Please submit your planned travel route to info@euthwonders.org for approval

GERMANY	Up to €28	ALBANIA	Up to €309
THE NETHERLANDS	Up to €211	TUNISIA	Up to €309
SPAIN	Up to €309	HUNGARY	Up to €309

Please bare in mind that there will be at least 10 or 20 Euros of extra public transport costs based on your landing/leaving airport as well, which will be calculated in your total budget.

We will reimburse the travel expenses after the mobility by bank transfer, following the Erasmus+ framework. the transfer will be done to the group leader and then to distribute among the team.

To make the reimbursement, it is compulsory that you have all the necessary documents with you.

If your travel costs exceed the official limits, the reimbursement will be limited to the maximum travel costs allocated for each country.

IF YOU FAIL TO PROVIDE ALL THE NECESSARY TRAVEL DOCUMENTS, WE CANNOT REIMBURSE YOU.

For countries outside of the EU and conducting bank fees for transfer, the team will be choosing one participant to transfer all costs to and then to be she/he distributed among others through local transfers.

For reimbursement, you will need:

1) Tickets and Boarding Passes (original or electronic)

Some airports only provides Original so please keep in mind to not throw it away, they are essential for reimbursements

2) Invoice / Receipt

Keep your bus/train tickets as well

**TRAVEL BY CARS/TAXIS
IS NOT REIMBURSED**



**APPLY
VIA OUR
WEBSITE!**



www.euthwonders.org



info@euthwonders.org



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